

“Short” list of the saints that St. John Cassian had an impact on:

-St. Benedict recommended in his Rule that his monks read selections from the Conferences.

-Pope Gregory I's teaching on the seven capital sins comes from Cassian.

-St. Philip Neri used to read Cassian to the laity and would use Cassian for his talks.

-St. Dominic was known to carry three works with him when traveling: St. Matthew's Gospel, St. Paul's letters, and St. Cassian's Conferences.

-St. Ignatius of Loyola read, and cited Cassian in his letters.

-St. Frances De Sales

-St. John Henry Newman

-St. Alphonsus Ligouri

-St. Thomas Aquinas

And the list goes on!